



# Inner Spiritual Journey Cookie Policy

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## 1. INTRODUCTION

This policy controls the management, operation and use of cookies within “The Organisation” henceforth known as ISJ or Inner Spiritual Journey.

This policy will be subject to periodic review by The Data Controller to ensure that it continues to reflect the public interest and that it and the system meets all legislative requirements.

## 2. STATEMENT OF PURPOSE AND RATIONALE

The European Community introduced legislation to protect the privacy of web users by limiting how websites can use cookie. Inner Spiritual Journey is committed to protecting your privacy. As part of this commitment we are providing you with information about the cookies we use, so that you can make informed decisions.

## 3. WHAT ARE COOKIES?

Cookies are small text files that our website(s) or services provided for us by other companies put on your computer. The information in them helps us to improve your experience of using our website and learning with us. Many of our cookies are deleted when you log out of your learning or close your web browser.

**None of our cookies contain any of your personally identifiable information.**

**Because you are using our website(s) we assume that you are happy for us to use cookies in this way.**

If you are not happy, then you should either not use our website(s), set your web browser to not accept cookies from Inner Spiritual Journey or use your web browser’s anonymous browsing setting (this is called ‘Incognito’ in Google Chrome, ‘InPrivate’ in Internet Explorer and ‘Private Browsing’ in Firefox).

For more information on cookies, how to control the use of them in your browser and how to browse the internet anonymously visit the [All About Cookies website](#).

## 4. WHAT COOKIES WE UTILISE

### **Session Cookies**

We may use a number of session cookies to provide functionality including, but not limited to, remembering who you are when you have logged into our website(s) to identify you when you move from one Inner Spiritual Journey system to another, to greet you by name on screen, to optimise the effectiveness of our web servers and to remember the items you have put into our shopping basket.

We consider these cookies to be strictly necessary for the secure and efficient operation of our website(s) and make your experience of using them easier and quicker.

If these cookies are blocked or disabled then much of the functionality of our systems will be broken.

### **DoubleClick (Google)**

This cookie is used on a small number of pages on the Inner Spiritual Journey website to track the effectiveness of our Google Adwords and Google Sponsored Link advertising.

For more information on how to permanently opt-out of DoubleClick placing this cookie on your computer visit <http://www.google.com/policies/privacy/ads/#toc-optout> or install the Google Advertising Cookie Plugin for your browser <http://www.google.com/ads/preferences/plugin/>

### **Social network cookies**

Some pages on our website(s) contain social network 'share' or 'like' buttons. The social network may set a cookie (or cookies) on your PC when you click on one of these buttons.

In order to implement these buttons on our website(s) we use code which is hosted by the relevant social network. If you are a member of some of these networks they may use this code to track that you have visited our website(s) whether you click the buttons or not. Inner Spiritual Journey does not control these cookies or the underlying code. You should check the privacy statement of the relevant social network before clicking them and/or to find out how they track their members' behaviour using these elements and how to opt out of this functionality

END